## **Recovery Help**

Do you sometimes feel that you don't know where to get help for alcohol and drug addiction or related issues?

Are you looking for information and support about how to get help for your family and friends?

Do you desire to talk to someone about how to cope with family and friends who struggle with drugs and alcohol from a Catholic perspective?

Do you have questions about how your faith can help you with recovery?

The St. Matthias ministry provides information and referrals for treatment and support, as well as one-on-one support as available.

Information is kept confidential.



"Start by doing what's necessary; then do what's possible, and suddenly you are doing the impossible."

- St. Francis Assisi -

## St. Matthias Recovery Programs

For the Masses for Recovery and the Hope & Cope group at St. Barnabas Church, contact:

Deacon John Silvia: 401-683-1343, ext. 208 Email: deaconjohn@jsilvia.com

For the Masses for Recovery and the Hope and Cope group at St. Mary of the Bay, Church, contact:

> Fr. Joseph Upton 401-245-7000 Email: fatherupton@gmail.com

For the Masses for Recovery and the St. James Addiction Recovery Ministries (A.R.M.) meetings at St. James Chapel, contact:

> Fr. Paul Desmarais: 401-364-7214 Email: dolly@stmjparish.org

## For individual and family recovery support and for general information, contact:

Peter A. Magnotta LICSW: 401-278-2517

Email: pmagnotta@dioceseofprovidence.org

Christ, who ministers to all who come to Him, give your strength to all who are bound by the chains of addiction.

Enfold them in your love and restore them to freedom through your grace.

To those who care for them, grant patience and understanding and a love that perseveres.

We ask this through Christ our Lord.

Amen.

# St. Matthias Recovery Ministry

2023

# You don't have to walk this road alone



We are waiting to welcome you home

## Diocese of Providence

A Program of Catholic Charities and Social Ministry





# St. Matthias Ministry

This ministry is dedicated to reaching and supporting individuals struggling with drug and alcohol problems.

We also provide help to families in need of guidance or support due to a loved one's drug or alcohol issues.

These problems can affect their every day lives and also the lives of their families and loved ones.

All of the following programs are free and available to persons of all faiths throughout Rhode Island.

This ministry also provides resource information, workshops, and education to the public and faith-based communities in collaboration with other faith-based recovery organizations.

## **Masses for Recovery**

Masses for those in recovery provide an opportunity for people to come together in faith to encounter God's love and grace with special prayer intentions dedicated to recovery.

If you or loved ones struggle with alcohol, drugs, addictions, mental distress, or support folks who suffer from the effects of these issues, we encourage you to attend.

### Catholic Mass Schedule 2023

### St. Barnabas Church

(In the Main church) 1697 East Main Road, Portsmouth, RI

Sunday, January 29, 2023	5:00 p.m.
Sunday, April 30, 2023	5:00 p.m.
Sunday, July 30, 2023	5:00 p.m.
Sunday, October 29, 2023	.5:00 p.m.

## St. Mary of the Bay Church

645 Main St., Warren, RI

Sunday, January 8, 2023 Sunday, February 12, 2023	
Sunday, March 12, 2023	6:00 p.m.
Sunday, April 16, 2023 Sunday, May 14, 2023	6:00 p.m.
Sunday, June 11, 2023 Sunday, July 9, 2023	
Sunday, August 13, 2023 Sunday, September 10, 2023.	•
Sunday, October 8, 2023 Sunday, November 12, 2023	6:00 p.m.
Sunday, November 12, 2023 Sunday, December 10, 2023	•

## St James Chapel

2079 Matunuck School House Rd, Charlestown. RI

The first Sunday of each month, October, 2022 through June, 2023 at 1:00 p.m.

## **Hope & Cope Support Group**

Hope & Cope is a faith-based support group intended for those supporting a family member or a friend struggling with alcohol, drugs, addictions and mental distress..

The Hope & Cope groups meet to pray, reflect, and if desired, to share their stories, feelings, and experiences with the group.

## Hope & Cope Schedule 2023

No Costs! No registration needed! Just come...

#### St. Barnabas Church

Chapel Meeting Room (under the little Chapel)
1697 East Main Road, Portsmouth, RI
Sundays 5:00 p.m. to 6:00 p.m.

January 15, 2023	July 16, 2023
February 19, 2023	August 20, 2023
March 19, 2023	September 17, 2023
April 16, 2023	October 15, 2023
May 21, 2023	November 19, 2023
June 11, 2023	December 17, 2023

#### St. Mary of the Bay Church 645 Main St., Warren, RI

## Sunday Evenings, 7:15 p.m. to 8:15 p.m.

January 15, 2023	July 16, 2023
February 19, 2023	August 20, 2023
March 19, 2023	September 17, 2023
April 16, 2023	October 15, 2023
May 21, 2023	November 19, 2023
June 11, 2023	December 17, 2023

## St. James Addiction Recovery Ministries (A.R.M.)

### St James Chapel

2079 Matunuck School House Rd Charlestown, RI

Please join Fr. Paul Desmarais and the A.R.M. team at St. James Chapel Tuesday evenings on the following times/dates:

5:30-6:30 - A social hour with refreshments 6:30-7:30 or so - A time for sharing, prayer, Catholic perspectives on addiction, and a time for spiritual healing:

> January 3, 2023 April 4, 2023 February 7, 2023 May 2, 2023 March 7, 2023 June 6, 2023

No costs or registration needed. Just come! Contact information on the other side...